



- ▶ WELCOME BY PAC CHAIR 1
- ▶ PLAYGROUND UPDATE 2
- ▶ HOT FOOD LUNCHES 2
- ▶ SEYCOVE AUCTION MARCH 3, 2012..... 2
- ▶ PAC MEETING MINUTES FOR OCT 3RD, 2011..... 3
- ▶ PAC VOLUNTEERS..... 3
- ▶ BUDGET MEETING OCT 24TH, 2011..... 3
- ▶ FAMILY PHOTO NIGHT OCT 24TH & 25TH, 2011
- ▶ NEXT PAC MEETING NOV 7TH, 2011



○ OCTOBER | ○ 2011

Cove Cliff PAC Newsletter

KEEPING PARENTS INFORMED ABOUT WHAT IS HAPPENING AT COVE CLIFF ELEMENTARY SCHOOL.

Welcome Back to School

Keep an eye out in your inbox for our annual budget meeting (October 24th @ 7pm) where we discuss what the PAC can and wants to fund in our school and where our future funds will come from.

Dear Parents,

As this is our first newsletter of the school year, I would like to extend a special Cove Cliff **WELCOME** to all the new parents and students! There are a lot of you this year. I hope that you and your children will enjoy your upcoming year(s) here as much as we do. Cove Cliff is a great school to be at.

We had a really good turnout for our first PAC meeting (about 35 people) on October 3rd and even managed to fill some of our volunteer spots - including the vacant Co-Treasurer position.

Everyone is invited to come to our next PAC meeting on Monday November 7th @ 7:00pm where we will be presenting this year's PAC budget, have our principal Wayne Mitchell present his monthly update, outline the current volunteer PAC positions to be filled and listen to your ideas/suggestions (feel free to bring

lots), etc. Please note that attending a PAC meeting does not mean that you will be pressured to do any volunteering! We would love for you to just come and participate – that's what it is all about.

As a note to our new parents, the PAC meetings are typically held on the first Monday of every month at 7:00 pm in the school library. They are a great place to find out what is going on at the school, check out a guest speaker, or bring forward your ideas/concerns/questions. Free babysitting is always provided.

Remember to fill out and hand in your PAC Directory Form if you want to be included in our School Directory (a salvation for scheduling your those play dates) and/or receive PAC updates from your Class Reps.

I wish all of you good luck with settling back into the busy weekly schedules and look for-



ward to meeting some of you at the next PAC meeting!

Henk den Breejen
Cove Cliff PAC Chair 2010/2011

If you are unable to attend either of the upcoming PAC meetings, but have questions/issues/ideas that you would like to be brought forward, please feel free to email me at nowfour@shaw.ca or anyone else on the PAC executive.



PARENT EDUCATION: GUEST SPEAKER

Lissa Calderwood has been scheduling great speakers for us for the 2010-2011 school year and has agreed to continue coordinating it for the 2011-2012 school year. Speakers vary in subjects important to our kids and our community. Please contact Lissa if you have some good ideas for speakers. kentlissa@shaw.ca

2012 Seycove Auction

SAVE THE DATE: 30th Annual Seycove Auction: March 3rd, 2012 - 80's Theme:
Where were you 30 years ago?



Grab those old brick cell phones, biff your hair and join us at the 30th Annual Seycove Auction. It's going to be an 80's night!

Remember Punk, Goth, & Flash Dance. Pull out those old records. Put on those old leg warmers and skinny ties. Come dance to New Wave, Ska, & 80's Pop music. The music, food, and auction items are set to be great.

Vote for your favourite 2012 - 80's Theme Logo by emailing Jenny: jencleary@telus.net.

Please also email Jenny if you would like to maintain the Seycove Auction website. It is an easy website to maintain with only a little html knowledge needed.

The Seycove Auction is a fundraiser for the four schools in the Mount Seymour area: Seycove Secondary School; Dorothy Lynas Elementary School; Sherwood Park Elem. and Cove Cliff Elementary.

It consists of a dinner, dance, live and silent auction. The students of each class put together theme baskets for the silent auction, while parents from all schools acquire donations of services, gift certificates, and donation items from the local businesses for the live and silent auction.

Pull out those old records...Material Girl, Prince, Boy George, Michael Jackson, George Michael...

The auction is the main source of funding for the PAC and Cove Cliff Elementary alone receives around \$10,000 per year in profits from this event.

Our Auction Acquisitions Team is always looking for great auction items. There are also a number of volunteer positions that need to be filled. If you're looking for a lot of fun and a way to become involved please consider signing up for this years Seycove Auction.

For more information:
www.seycoveauction.org



Hot Food Days

The PAC supplies Cove Cliff students with a hot lunch on some Fridays and Mondays each month. For Hot Lunch Calendar, [Click Here](#)

The menu is ready and there are some new food changes:

Hot Dog Day is being run by Jenn McCarron, with Andrea Eilers doing the purchasing. Thanks to both of them! We're going back to regular hot dogs, but now we will be using the Top Dogs from Maple Leaf Foods. They have less fat and sodium than our old hot dogs.

Pizza Day is being run by Megan Leigh, thanks to her!

Subway Day is being run by Andrea Rook, thanks to her also!

Bread Garden: The chicken strips will now be baked with more whole wheat in the coating; they've replaced the Veggie Lasagna with Rotini & Tomato Sauce; and we are adding Teriyaki Chicken Rolls, Veggie Tofu Rolls, and Turkey Fajita

Wraps. The mini donuts have also changed, they are now baked...Cinnamon Donut Bites, and they are healthier.

Wok Box is new! We are starting with their 3 kid-size lunch containers which all come with a juice and a fortune cookie. The Wok Box has a completely nut free working area, nut free woks, and the fortune cookies also are nut free. The choices are Teriyaki Chicken, Chow Mein Noodles, and Crispy Chicken. Wok Box is being run by Jessica Jobst Smith, thank you!

The Magic Lunch Box has added a Lemon Poppyseed Loaf and a Chicken Mango salad with Poppyseed Dressing.

Last but not least: we have a new food coordinator, Kim Tattrie - A giant thanks to her!



Volunteers Needed: During the strike we require parent volunteers to help hand out the lunches to the kids in each of the classrooms.

If interested please contact Kim for more info:
kimengelund@hotmail.com

Don't worry if you missed ordering hot food for the first 1/2 of the year, you can order for the remaining part of the year in January 2012.

PLAYGROUND UPDATE: Dry Creek Bed Mosaic Complete



The Playground renovations are nearly complete:

- **Licorice Forest:** licorice stalks are manufactured now and due to be installed soon.
- **Mural:** Artist Scott Sumi has completed his work on the portable.
- **Self Portraits:** are now hung. Anyone who hasn't done one is welcome to. Supplies will be made available.
- **Labyrinth:** the artist, Glen Anderson, is now working on the centre section.
- **Dry Creek Bed:** Mosaic by Glen Anderson is now complete.

HOT FOOD DAY VOLUNTEERS: Thank You

Thank you to the parents who have helped with handing out the food for the first few Hot Food days. This was an unexpected task due to the strike action. Thank you to:

Tanya Soules, Laura Wallace, Lori Ireland, Kerry Strongman, Kelly Cattermole, Ainsley Wickerson, Laura Morrison, Terri Maloof, Christy Andersen, Belinda Auld, Heather Lawrence, Margaret McBride.

PAC Meeting Minutes: Oct 3rd, 2012

There are still a few PAC volunteer positions that need to be filled, including PAC Executive: President & Vice-President positions.

Attendance: Henk den Breejen, Wayne Mitchell, Chanin Leoni, Sam Barker, Jessica Rosenfeld, Jenny Cleary, Ainsley Wickerson, Kelly Cattermole, Heather Lawrence, Terri Maloof, Leif Bergen, Matreya Monro, Lissa Calderwood, Karmen Olson, Anri McCallum, Fiona Hughes, Patrizia DeGillis, Gillian Campbell, Cathy Bruneau, Kim Tattrie, Michael McGee, Kerry Strongman, Laura Morrison, Cathy Blaney, Belinda Auld, Annette Klein, Christene Buchanan, Kathryn Calder, Tonya Soules, Laura Wallace, Jen Overend.

Introductions

Principal's Report-Wayne Mitchell-

Welcome back, it's been a great start up, we have over 350 kids and we're bursting at the seams. Phase one of job action is going on & we're trying to keep things rolling. Basketball and cross country are in progress and we're doing the best we can under the circumstances. The teachers want you to know that they are available to talk with you. Please don't hesitate to set up a time to meet with them.

The teacher's wish list is out. This is a list of what the teachers would like the PAC to fund, but are not demanding it. There are lots of little items.

- The music system is not in yet because the district is trying to save us \$2000, we're having trouble finding someone to install it.
- We have some requests for field trips.
- The school bought 3 ipads last year and would like 27 more
- Other items include a cart, Macbook, overhead, the whole kit is to be used in every class. We could imbed the ipads in a class for 3 weeks and teach kids how to use them. There is a shift in education starting to happen.
- Would like emergency earthquake supplies, we have some supplies, but need more.
- 18 digital cameras needed for art, science, etc. Maybe parents could donate used ones.

Henk den Breejen - PAC President

- Looking for a new PAC President and Vice President!
- Terri Maloof will be Co-Treasurer.
- Looking for Spring Fair Coordinators.
- Budget meeting date is Mon. Oct.24 to go over items from teacher wish list.
- Parent Social at the Yacht Club, in mid November. PAC may fund a portion of that.

Other Business

Cove Kids Care club is talking about helping more locally. They are aiming for two meetings a month, every second Monday, during lunch, open to all students. Free the Children gave us a small number of tickets to "We Day" at Rogers Arena on Thursday Oct 13th, 25 of the intermediate kids will be attending.

Playground Update

- The artist, Glen Anderson, who worked on the creek mosaic, has completed his work. The area will be cleaned up.
- Licorice forest is now done and we're working with the district to have it installed as soon as possible.
- Glenn Anderson is creating a tile mosaic piece for the centre of the mosaic which will be installed soon.
- The tank enclosure, with artwork on it will be filled with more artwork by the kids that have not had a chance to do a painting for it yet.
- The mural by Scott Sumi, on the side of the portable, was completed at the end of the summer. The painting was featured in the superintendents blog, on the school district website there is a link to the blog.

PAC VOLUNTEERS: Needed



PAC President

PAC Vice-President

Spring Fair Coordinators

Contact Henk den Breejen for more information and if you are interested in any of these positions: nowfour@shaw.ca

Jenny Cleary moved to approve the June minutes, Sam Barker seconded it.

PAC Budget Meeting: Oct 24th 2012

Attend and have a voice in what the PAC funds for the 2011/2012 school year. Bring your ideas and review the teacher supplied Wish List.



Everyone is invited to come to the PAC Budget Meeting this **Monday October 24th @ 7:00 pm** at the school library. Please

note the change of date from the date set at the last PAC meeting,

This is where the PAC will be discussing what programs/items/things on the Teacher's Wish List you, as a parent, would like to fund for the current 2011/2012 school year. It is also the perfect time to ask questions about the Teacher's Wish List, to bring you

ideas for things you would like to see in the your classroom (s) or for the school as a whole and to talk about what you think this year's Donation Campaign should focus on.

We are all very busy and a budget meeting does not sound all that exciting, but we strongly encourage parents that would like to have

a say in where the PAC money goes, to come out and voice your opinion. This is your chance! The PAC budget is funded by all parents and your opinion is important!!

Hope to see many of you there on Monday October 24th @ 7:00pm.

Babysitting will be provided.

Thank You

Thank you from Sue Meyers : Retired from Cove Cliff June 2011.



It is a little bit bittersweet leaving this school - I have so many great memories of the families & students I have been privileged to share relationships with. Awesome parents raise awesome kids & we have so many folks like that in this school. It has been a joy watching the kids develop a sense of accomplishment & self-empowerment as they grow through the years and it is because of our

It is a little bit
bittersweet leaving
this school -
I have so many great
memories...

parents working so cooperatively with the school that makes this happen. Thanks for the yummy chocolates (already sampled!) & the white wine - soon to be enjoyed. Thanks to you all for sharing a bit of your lives with me through your kids -I'll miss you all -but it's time to move on to the next chapter in my life.

Love, Sue

Family Photo Night

October 24th & 25th: 5 - 9pm @ Cove Cliff School
Don't miss this yearly sell out event!

This event usually sells out. This is a great PAC fundraiser and it would be great to sell out for the 7th year running so if you have been thinking about booking this but haven't yet done so, please read the info below and contact Carol to book a sitting.

Looking for a great Christmas Present? Haven't had a family picture taken in years? How about getting all the kids and the family pet together for a portrait? Bring along Grandma! You can bring props like musical instruments, sports equip-

ment, whatever you desire. Here is your chance...Excalibur Photography will be coming to our school for Family Photo Night. As a PAC fundraiser, a professional photographer will be setting up a portable studio in our school. Each family will have the opportunity to have a minimum of 8 poses taken. All pictures are taken against a white backdrop. Black and White photographs are also available. The photos are guaranteed for Christmas delivery. 100% of the \$20.00 sitting fee goes



directly to the PAC. This fee includes one complimentary 8x10 portrait with no obligation to purchase anything further. There are a variety of packages to choose from when ordering photos.

If you have never done this, the pictures are superb. Please contact Carol Cheney @ 604-929-7945 or carolcheney@shaw.ca to arrange your sitting time as they will be allocated on a first come first serve basis.



Lice 911

www.lice911.com

Battled with Head Lice yet?! Tired & frustrated?! Or is it one of those things that only happens to other people's kids?

Head lice are more common than you may think. **The school year of 2010/2011 proved to have one of the biggest lice outbreaks that Cove Cliff has seen so far.** It has been a huge burden both financially and emotionally for families. A burden that has consumed too much time. Head lice should be a topic people can talk about openly and get help and assistance from their friends, family, and neighbors. The

more we talk about it, the easier it is for families to get help.

We are finally talking about it openly at Cove Cliff and want to stop the cycle. Fears, questions, frustrations & finally strategies are being discussed. We believe that a strategy that includes education of students, parents & teachers along with regular voluntary school-wide screening will be effective in stopping the cycle. The school is willing to do their part by providing the education in the classrooms to our teachers and students and by providing materials to parents. The PAC authorized a survey to be completed to determine parents' interest in a voluntary school-wide screening by professionals (Lice 911) hired to come after school to screen children for lice. The results were significant with over 80% percent of the 126

respondents stating they are interested in such a program. The PAC has since approved to pay for the cost of this and now it is up to you. Please watch for an **email** about the first upcoming screening in November and **RESPOND QUICKLY** before time runs out.

Screening sessions are scheduled for Oct, Jan & April. This helps prevent school wide outbreaks by treating all infested students at the same time.

This includes the lice specialists screening students at our school. They go out of their way to make the screening experience fabulous & fun. They normalize the subject of head lice by encouraging open communication and answering any questions students may have. All students are given a reward for par-

PARENTS LIBRARY: Happy Reading



The **Parent's Library** located in the corner of the lobby has been re-organized recently.

Books are now shelved under categories to facilitate browsing:

* Parenting * Self-Esteem * Bullying * Learning Disabilities * Feelings * Nutrition * Pre-Teens * Boys & Girls * Crafts

To take a book, fill the card provided inside the book and place it in the small card box.

You can borrow books up to one month. Return books in the big white box located besides the library corner.

Many books are outstanding from last year. Please return them as soon as possible so we can complete the inventory.

participating which further helps open the line of communication between students, parents & staff members.

Their proven system helps families who are struggling with re-occurring outbreaks. The screening service includes discounts on their LICE911 Removal Kit, unlimited access to their helpline and support for families with chronic cases.

Email Christene for more info:
nanuqchristee@hotmail.com



Parent Advisory Council

info@covecliffpac.com